

Cal Reynolds, M.Ed., LPC

OR Licensed Professional Counselor (C7628)

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PROFESSIONAL MENTAL HEALTH EXPERIENCE

Lecturer II- Basics in Addiction Counseling (BAC)

7/2024-present

University of New Mexico

- Supervising practicum students in addictions internships
- Teaching undergraduate courses
- Liaising with local treatment organizations
- Facilitating application and entry into BAC program

Solo Practice Owner/Mental Health Therapist

9/2023-present

Better Together Therapy

- Counseling children and adults
- Creating Assessments
- Developing Treatment Plans
- Writing chart notes
- Billing State Medicaid and private insurances
- Collaborating with medical providers and community organizations on client care
- Facilitating once a month outside clinical group peer supervision
- Supervise Registered Associates as a Supervisor Candidate
- Train clinical mental health professionals through providing Continuing Education Units

Practicum Clinical Supervisor

9/2023-6/2024

Portland State University

- Clinically supervise Counselor-in-Training (CIT)
- Monitoring CIT in session
- Mentor CIT in developing therapeutic skills
- Evaluating CIT's skills
- Collaborating with Practicum Professor on supporting CIT learning

Mental Health Clinician

1/2021-present

Nurses Diversified Systems (1/21-4/22); Trauma Healing NW (1/22-10/22); LINK (10/22-9/23)

- Counseling children and adults
- Creating Assessments
- Developing Treatment Plans
- Writing chart notes and superbills
- Collaborating with medical providers and community organizations on client care
- Engaging with weekly case meetings

Counseling Intern

1/2020-12/2020

Tanana Chiefs Conference

- Counseled children and adults
- Facilitated groups
- Creating Assessments
- Developing Treatment Plans
- Presented research on care to clinical teams of 35-100 mental and physical health providers
- Engaged in teams for Child and Adolescent Services and Addictions departments
- Served on committee for affirmative care in Transgender Treatment

Community Manager

2014- 2017

Alder House

- Managed over 150 apartment units across multiple sites primarily for individuals and families moving out of homelessness
- Collaborated with social workers and social service organizations to increase length of stable housing for residents
- Trained staff throughout the company on trauma-informed care, technology, and affordable housing compliance
- Wrote company-wide training materials concerning policy development to ensure compliance with laws and increase housing tenure for people moving out of homelessness
- Created and implemented budget, saving over a million dollars
- Supervised staff members in a 24/7 staffing environment

Residential Counselor

2012-2013

Cascadia Behavioral Mental Health Care

- Created a safe environment for formerly homeless clients with mental health and substance use disorders
- De-escalated and intervened in crisis situations
- Logged notes daily in the electronic health record utilizing DSM

Weekly Groups Intern

2011-2012

Outside In

- Co-facilitated twice-weekly groups for young adults (16-24), significantly increasing weekly attendance and engagement
- Developed affirming programming for LGBTQ+ youth and for trans youth specifically
- Practiced harm reduction and trauma-informed care

RESEARCH EXPERIENCE

Field Study Coordinator/Professional Research Assistant

1/2019-9/2021

University of Colorado: Anschutz Medical Campus

Centers for American Indian & Alaska Native Health

Principal Investigator: Dr. Spero Manson

- Coordinated randomized controlled NIAAA-funded addictions research
- Organized project logistics, recruitment, and enrollment of participants
- Collected baseline and follow-up data
- Extracted data and compiling reports

- Coached study staff in Motivational Interviewing and Patient Navigation
- Provided feedback on sessions, progress notes, ethical issues, and study protocol
- Presented study updates to study site, researchers, and graduate students
- Presented on-going study findings at conferences
- Increased application and transition to treatment rate
- Wrote the over 150 page manual of operations and on-going Standard Operating Procedures

STUDENT LEADERSHIP EXPERIENCE

Teaching Assistant

Jan 2016-March 2016

Portland Community College

- Tutored Level One English Language Learners, primarily low-income recent immigrants
- Assisted with classroom activities and worked one-on-one with struggling students, developing individualized strategies to address areas of concern

Orientation Leader

Mar 2010- Oct 2011

Portland State University

- Presented information concerning graduation to groups ranging from fifteen students to forty students
- Planned and executed community building and informative events drawing hundreds of students during the first week of school to acquaint students with campus

Senior Resident Assistant

Mar 2010-Nov 2010

Portland State University

- Planned, advertised, and executed forty programs geared toward a community primarily composed of international students, drove attendance to programs from an average of five students to an average of forty students
- Mentored a staff of three Resident Assistants concerning developing community and planning programs
- Acted as a teacher's aide for a class of Resident Assistants
- Responded to crisis in an on-call setting

Learning Community Assistant

Aug 2009-Mar 2010

Portland State University

- Planned, advertised and executed 100 programs geared toward building community among first year students
- Supported 120 first year students academically and in crisis situations
- Met weekly with students who were academically struggling, creating peer support to help students stay in school and succeed academically. While working with 10 students, one transferred to community college and the other nine increased their GPAs

PRESENTATIONS

Reynolds, C (2024) Trauma-Informed Treatment Planning. Presented at K Hixson LPC LLC NBCC Approved Training Site.

Reynolds, C., Mailloux, S. (2021) Transition to Recovery. Presented at One Health Conference.

Reynolds, C., Drake, D. (2020) Transition to Recovery: Adaptations to COVID. Presented at State of Science Conference.

Reynolds, C. (2020) Paris (TX) is Burning: Counseling Considerations in Rural Communities for LGBTQ+ clients. Presented at SAIGE 2020 Virtual Conference.

Valverde, P., **Reynolds, C.,** Witte, R. (2019) Transition to Recovery Webinar. Presented at Native Center for Alcohol Research and Education Webinar Series.

AWARDS

Affordable Housing Manager of the Year 2016 *Alder House*

Community Developer of the Year 2010 *Portland State University*