

Curriculum Vitae

Name	Department	Date
Bruce Walter Smith	Psychology	June 1, 2023

Educational History

Degree: Doctor of Philosophy

Date: May 2002

Institution: Arizona State University, Tempe, Arizona

Major: Psychology

Dissertation Title: "Vulnerability and Resilience as Predictors of Pain, Affect, and the Pain-Affect Relationship in Older Women with Rheumatoid and Osteoarthritis"

Advisor: Alex J. Zautra, Ph.D.

Degree: Master of Science

Date: May 1998

Institution: Arizona State University, Tempe, Arizona

Major: Psychology

Thesis Title: "The Role of Interpersonal Sensitivity in Exposure and Reactivity to Interpersonal Stress in Arthritis Patients"

Advisor: Alex J. Zautra, Ph.D.

Employment History:

Title: Associate Professor

Dates: January 2010 to Present

Organization: University of New Mexico

Address: Albuquerque, New Mexico

Title: Assistant Professor

Dates: January 2004 to 2010

Organization: University of New Mexico

Address: Albuquerque, New Mexico

Title: Postdoctoral Fellow

Dates: September 2002 to December 2003

Organization: National Institute of Mental Health

Address: Bethesda, Maryland

Title: Clinical Psychology Intern

Dates: September 2001 to August 2002

Organization: Western Psychiatric Institute and Clinic

Address: Pittsburgh, Pennsylvania

Research Interests

The overall goal of my research program is to better understand human resilience and thriving. I define resilience as the ability to bounce back from stress and thriving as the ability to learn, grow, and benefit from stressful events. I have studied resilience and thriving in relation to a variety of human stressors including traumatic events such as natural disasters and terrorist attacks, health problems such as chronic pain, cardiovascular disease, and cancer, and more common everyday stressors such as being a college student. I am especially interested in identifying and better understand the modifiable factors that can improve resilience and thriving such as mindfulness, a sense of meaning and purpose in life, spirituality, self-kindness, interpersonal vulnerability, and the full range of human strengths that positive psychology had begun to identify and better focus on.

Teaching Interests

My teaching has focused on the psychology courses with the greatest potential for increasing happiness and well-being including positive psychology and health psychology. I have developed and taught both basic and advanced lab courses in positive psychology and health psychology. Teaching these courses is closely related to my research interests in that enable me to continue to learn about and better understand the factors that increase human resilience and thriving and I have done research examining the changes in happiness and well-being experience while taking these courses. I hope to continue to do research and write about ways to better teach positive psychology to maximize its potential for increasing happiness and well-being.

Graduate Student Mentoring

I see a central and primary part of my work as the ongoing developing and mentoring of clinical psychology graduate students. I have worked with a variety of graduate students who have been interested in doing clinical work and research to contribute to human resilience and thriving. The following are a list of the clinical psychology graduate students that I have mentored and advised:

Kathryn Wiggins	Erin Tooley	Paulette Christopher
Jennifer Bernard	Alexis Ortiz	Laurie Steffen
Elizabeth Stein	Elizabeth McCallion	Graham Ford
Kelly Erickson	Anne Guzman	Kaitlyn Schodt
Naila deCruz-Dixon		

Undergraduate Student Mentoring

I also see a central part of my work as mentoring undergraduate students who I have been an instructor for and especially those who have worked in my research lab. I have mentoring several students in the Department of Psychology Honor's program and/or in the McNair program that supports the development of ethnic minority and disadvantaged students. I have written over 450 letters of recommendations support undergraduate psychology major applications to a variety of graduate programs in psychology, medicine, counseling, social work, and other allied health fields.

Publications

- Smith, B.W., Torres, F., Schodt, K., & deCruz-Dixon, N. (in press). The Brief Resilience Scale in international contexts. In C.U. Krägeloh, O.N. Medvedev & M. Alyami (Eds), *Handbook of Behavioral Health Assessment*. New York: Springer.
- Smith, B.W., deCruz-Dixon, N., Erickson, K., Guzman, A, Phan, A., & Schodt, K. (2023). The effects of an online positive psychology class on undergraduate happiness, health, and Well-being, *Journal of Happiness Studies*, 24, 1145–1167. <https://doi-org.libproxy.unm.edu/10.1007/s10902-022-00577-4>
- Smith, B.W., Torres, F., Schodt, K., & deCruz-Dixon, N. (in press). The Unconditional Kindness Scale. In O.N. Medvedev, C.U. Krägeloh, R.J. Siegert, & N Singh (Eds), *Handbook of Assessment in Mindfulness research*. New York: Springer.
- Smith, B.W., deCruz-Dixon, N., Schodt, K., & Torres, F.(in press). The Brief Resilience Scale. In O.N. Medvedev, C.U. Krägeloh, R.J. Siegert, & N Singh (Eds), *Handbook of Assessment in Mindfulness Research*. New York: Springer.
- Guzman, A., & Schodt, K., & Smith, B.W. (in press). The role of perceived stress in the relationship between purpose in life and mental health. *International Stress Prevention and Wellbeing*.
- Smith, B.W., deCruz-Dixon, N., & Schodt, K. (in press). The effects of optimism and hope on mental health and well-being during the early months of the COVID-19 pandemic. In J. Vos & P. Russo-Netzer (Eds). "COVID-19 and Beyond." New York: Springer.
- Johnson-Esparza, Y., Rodriguez Espinosa, P., Verney, S. P., Boursaw, B., & Smith, B. W. (2021). Social support protects against symptoms of anxiety and depression: Key variations in Latinx and non-Latinx White college students. *Journal of Latinx Psychology*. Advance online publication. <https://doi.org/10.1037/lat0000184>
- Moreno-Agostino, D., de la Torre-Luque, A., da Silva-Sauer, L., Smith, B. W., & Fernández-Calvo, B. (2022). The age-invariant role of resilience resources in emotional symptomatology. *Aging & Mental Health*, 26(6), 1226-1233.
- Smith, B.W., Ford, G.C., Erickson, K., & Guzman, A. (2021). The effects of a character strength focused positive psychology course on undergraduate happiness and well-being. *Journal of Happiness Studies*, 22, 343-362. <https://doi.org/10.1007/s10902-020-00233-9>
- da Silva-Sauer, L., de la Torre-Luque, A., Smith, B. W., C M C Lins, M., Andrade, S., & Fernández-Calvo, B. (2021). Brief Resilience Scale (BRS) Portuguese Version: validity and metrics for the older adult population. *Aging & mental health*, 25(8), 1554–1563. <https://doi.org/10.1080/13607863.2020.1753015>

- Ford, C.G., Vowles, K.E., Smith, B.W., & Kinney, A.Y., (2020). Mindfulness and meditative movement intervention for men living with cancer: A meta-analysis. *Annals of Behavioral Medicine*, 54, 360–373. <https://doi.org/10.1093/abm/kaz053>
- Smith, B.W. (2020). The hero's journey to resilience and thriving in the context of disaster. In Stefan Schulenberg (Ed.), *Positive Psychology and Disaster Mental Health* (pp. 81-98). New York: Springer.
- Steffen, L.E., Cheavens, J.S., Vowles, K.E., Gabbard, J., Nguyen, H., Gan, G., Edelman, M.J., & Smith, B.W. (2020). Hope-related goal cognitions and daily experiences of fatigue, pain, and functional concern among lung cancer patients. *Supportive Care in Cancer*, 28, 827-835. doi: 10.1007/s00520-019-04878-y.
- Ortiz, J.A., Smith, B.W., Shelley, B.M., & Erickson, K.S. (2019). Adapting mindfulness to engage Latinos and improve mental health in primary care: A pilot study. *Mindfulness*, 10, 2522-2531.
- Smith, B.W., Ford, C.G., & Steffen, L.E. (2019). The role of mindfulness in reactivity to daily stress in urban firefighters. *Mindfulness*, 10, 1603-1604. <https://doi.org/10.1007/s12671-019-01102-0>
- Smith, B.W., Guzman, A. & Erickson, K. (2018). The Unconditional Self-Kindness Scale: Assessing the ability to respond with kindness to threats to the self. *Mindfulness*, 9, 1713-1722. <https://doi.org/10.1007/s12671-018-0912-5>
- Steffen, L.E., Vowles, K.E., Smith, B.W., Gan, G.N., & Edelman, M. (2018). Daily diary study of hope, stigma, and functioning in lung cancer patients. *Health Psychology*, 37, 218-227.
- Smith, B.W., Shelley, B.M., Sloan, A.L., Colleran, K., & Erickson, K. (2018). A Preliminary randomized controlled trial of a mindful eating intervention for post-menopausal obese women, *Mindfulness*, 9, 836-849. <https://doi.org/10.1007/s12671-017-0824-9>
- Meize-Grochowski, R., Shuster, G., Boursaw, B., DuVal, M., Murray-Krezan, C., Schrader, R., Smith, B.W., Herman, C.J., & Prasad, A. (2015). Mindfulness meditation in older adults with postherpetic neuralgia: A randomized controlled pilot study. *Geriatric Nursing*, 36, 154-160.
- Proeschold-Bell, R.J., Eisenberg, A., Adams, C., Smith, B., Legrand, S., & Wilk, A. (2015). The glory of God is a human being fully alive: Predictors of positive versus negative mental health among clergy. *Journal for the Scientific Study of Religion*, 54, 702-721.
- Wilcox, C.E., Mayer, A.R., Teshiba, T.M., Ling, J., Smith, B.W., Wilcox, G.L., Mullins, P.G. (2015). The subjective experience of pain: An fMRI study of percept-related models and functional connectivity, *Pain Medicine*, 16, (11), 2121 – 2133

- Smith, B.W., Vicuna, B., & Emmanuel, G. (2015). The role of positive psychology in fostering spiritual development and a sense of calling in college. In John Wade (Ed.), *Positive Psychology on the College Campus* (pp. 261-278). New York: Oxford.
- Stein, E. & Smith, B.W. (2015). Social support attenuates the harmful effects of stress in healthy adult women. *Social Science and Medicine*, *146*, 129-136.
- Vigil, J.M., Pendleton, P., Coulombe, P., Vowles, K., Alcock, J., & Smith, B.W. (2014). Pain patients and who they live with: A correlational study of co-residency patterns and pain interference. *Pain Research & Management*, *19*, e109-e114.
- Crittendon, C.N., Pressman, S.D., Cohen, S., Janicki-Deverts, D., Smith, B.W., & Seeman, T.E. (2014). Social integration and pulmonary function in the elderly. *Health Psychology*, *33*, 535-543.
- Smith, B.W., Epstein, E.M., Ortiz, J.A., Christopher, P.J., & Tooley, E.M. (2013). The foundations of resilience: What are the critical resources for bouncing back from stress? In Sandra Prince-Embury (Ed.), *Resilience in Children, Adolescents, and Adults* (pp. 167-188). New York: Oxford.
- Steffen, L.E., & Smith, B.W. (2013). The influence of between and within-person hope among emergency responders on daily affect in a stress and coping model. *Journal of Research in Personality*, *47*, 738-747.
- Proeschold-Bell, R.J., Miles, A., Toth, M. Adams, C, Smith, B.W., & Toole, D. (2013). Using effort-reward imbalance theory to understand high rates of depression and anxiety among clergy. *Journal of Primary Prevention*, *34*, 439-453.
- Feder, A., Ahmad, S., Lee, E.J., Morgan, J.E., Singh, R., Smith, B.W., Southwick, S.M., Charney, D.S. (2013). Coping and PTSD symptoms in Pakistani earthquake survivors: Purpose in life, religious coping and social support. *Journal of Affective Disorders*. *147*, 156-63.
- Blair, K.S., Geraci, M., Smith, B.W., Hollon, N., DeVido, J., Otero, M., Blair, R.J.R., & Pine, D.S. (2012). Reduced dorsal anterior cingulate cortical activity during emotional regulation and top-down attentional control in Generalized Social Phobia (GSP), Generalized Anxiety Disorder (GAD) and comorbid GSP/GAD, *Biological Psychiatry*, *72*, 476-482
- Smith, B.W., Ortiz, J.A., Wiggins, K.T., Bernard, J.F., & Dalen, J. (2012). Spirituality, resilience, and positive emotions. In Lisa Miller (Ed.), *The Oxford Handbook of Psychology and Spirituality* (pp. 437-454). New York: Oxford.

- Bernard, J.B., Witherington, D.C., Verney, S.P., & Smith, B.W. (2011). Social relationships as a mediator of the effects of alexithymia on mental health. In A.M. Columbus (Ed.), *Advances in Psychology Research*, Vol. 81 (pp. 107-139). Hauppauge, NY: NovaScience.
- Ortiz, J.A., Christopher, P.J., Bouldin, L.E., Bernard, J.F., & Smith, B.W. (2011). The role of spirituality, coping, and ethnicity in benefit finding for heart patients. In C. Sindam and E.A. Maron (Eds.), *The Psychology of Faith*. Hauppauge, NY: NovaScience.
- Smith, B.W., Bernard, J.F., & Ortiz, J.A. (2011). Neuroticism and positive personal characteristics: Test of a two-factor model of their effects on affective health. In R.G. Jackson (Ed.), *The Psychology of Neuroticism and Shame* (pp. 129-149). Hauppauge, NY: Nova Science.
- Smith, B.W., Ortiz, J.A., Steffen, L.E., Tooley, E.M., Wiggins, K.T., Yeater, E.A, Montoya, J. D., & Bernard, M.L. (2011). Mindfulness is associated with fewer PTSD symptoms, depressive symptoms, physical symptoms, and alcohol problems in urban firefighters. *Journal of Consulting and Clinical Psychology*, 79(5), 613-617.
- Wiggins, K.T., Shelley, B.M., Dougher, M.J., & Smith, B.W. (2011). How does mindfulness affect relationships? Examining the role of empathy and emotion regulation. In L.M. Bertrand and R.A. Nielson (Ed.), *The Psychology of Individual Differences* (pp. 85-104). Hauppauge, NY: NovaScience.
- Dalen, J., Smith, B.W., Shelley, B.M., Sloan, A.L., Leahigh, L., & Begay, D. (2010). Mindful Eating and Living (MEAL): Eating behaviors and psychological outcomes associated with a mindfulness-based intervention for people with obesity. *Complementary Therapies in Medicine*, 18, 260-264.
- Harville, E.W., Xiong, X., Smith, B.W., Pridjian, G., Elkind-Hirsch, K., & Buekens, P. (2010). Combined effects of Hurricane Katrina and Hurricane Gustav on mental health of mothers of small children. *Journal of Psychiatric and Mental Health Nursing*, 18, 288-296.
- Hoyt, T., Pasupathi, M., Smith, B.W., Yeater, E.A., Kay, V.S., & Tooley, E. (2010). Disclosure of emotional events in groups at risk for PTSD. *International Journal of Stress Management*, 17, 78-95.
- Smith, B.W., Christopher, P. J., Bouldin, L. E., Tooley, E. M., Bernard, J. F., & Ortiz, J.A. (2010). Benefit finding predicts improved emotional health following cardiac rehabilitation. R. E. Murphy (Ed.), *Health Psychology*. (pp. 113-125). Hauppauge, NY: Nova Science.

- Smith, B.W., Papp, Z., Tooley, E.M., Montague, E.Q., Robinson, A.E., & Cosper, C.J. (2010). Traumatic events, perceived stress, and health in women with fibromyalgia and healthy controls. *Stress and Health, 26*, 83-93.
- Smith, B.W., Tooley, E.M., Christopher, P.J., & Kay, V.S. (2010). Resilience as the ability to bounce back from stress: A neglected personal resource? *Journal of Positive Psychology, 5*, 166-176.
- Delaney, H.D., Forcehimes, A.A., Campbell, W.P., & Smith, B.W. (2009). Integrating spirituality into alcohol treatment. *Journal of Clinical Psychology, 65*, 185-198.
- Smith, B.W., Kay, V.S., Hoyt, T.V., & Bernard, M.L. (2009). Predicting the anticipated emotional and behavioral responses to an avian flu outbreak. *American Journal of Infection Control, 37*, 371-380.
- Smith, B. W., Mitchell, D. G. V., Hardin, M. G., Jazbec, S., Fridberg, D., Pine, D. S., Blair, R. J. R., Ernst, M. (2009). Neural substrates of reward magnitude, probability, and risk during a wheel of fortune decision-making task. *Neuroimage, 44*, 600-609.
- Smith, B.W., & Tonigan, J.S. (2009). AA benefit and social attachment. *Alcoholism Treatment Quarterly, 27*, 164-173.
- Smith, B.W., Tooley, E.M., Montague, E.Q., Robinson, A.E., Cosper, C.J., & Mullins, P.G.M. (2009). The role of resilience and purpose in life in habituation to heat and cold pain. *The Journal of Pain, 10*, 493-500.
- Alim, T. N., Feder, A., Graves, E., Wang, Y., Weaver, J., Alonso, A., Aibogun, N., Smith, B. W., Doucette, J. T., Mellman, T. A., Lawson, W. B., Charney, D. S. (2008). Trauma, resilience, and recovery in a high-risk population. *The American Journal of Psychiatry, 165*, 1566-1575.
- Blair, K.S., Shaywitz, J., Smith, B.W., Rhodes, R., Geraci, M., Jones, M., McCaffrey, D., Vythilingam, M., Finger, E., Mondillo, K., Jacobs, M., Charney, D.S., Blair, R.J.R., Drevets, W.C., & Pine, D.S. (2008). Response to emotional expressions in Generalized Social Phobia (GSP) and Generalized Anxiety Disorder (GAD): Evidence for separate disorders. *The American Journal of Psychiatry, 165*, 1193-1202.
- Feder, A., Southwick, S.M., Goetz, R.R., Wang, Y., Alonso, A., Smith, B.W., Buchholz, K.R., Waldeck, T., Ameli, R., Moore, J., Hain, R., Charney, D.S., & Vythilingam, M. (2008). Posttraumatic growth in former Vietnam prisoners of war. *Psychiatry-Interpersonal and Biological Processes, 71*, 359-370.
- Smith, B.W., Dalen, J., Bernard, J.F., & Baumgartner, K.B. (2008). Posttraumatic growth in non-Hispanic white and Hispanic women with cervical cancer. *Journal of Psychosocial Oncology, 26*, 91-109.

- Smith, B.W., Dalen, J., Wiggins, K., Christopher, P., Bernard, J., & Shelley, B.M. (2008). Who is willing to use complementary and alternative medicine? *Explore*, 4, 359-367.
- Smith, B.W., Dalen, J., Wiggins, K., Tooley, E., Christopher, P., & Bernard, J. (2008). The Brief Resilience Scale: Assessing the ability to bounce back. *International Journal of Behavioral Medicine*, 15, 194-200.
- Smith, B.W., Shelley, B.M., Dalen, J., Wiggins, K., Tooley, E., & Bernard, J. (2008). A pilot study comparing the effects of Mindfulness-Based and Cognitive-Behavioral Stress Reduction. *Journal of Alternative and Complementary Medicine*, 14, 251-258.
- Smith, B.W., Tooley, E.M., Montague, E.Q., Robinson, A.E., Cosper, C.J., & Mullins, P.G.M. (2008). Habituation and sensitization to heat and cold pain in women with fibromyalgia and healthy controls. *Pain*, 140, 420-428.
- Smith, B.W., & Zautra, A.J. (2008). The effects of anxiety and depression on weekly pain in women with arthritis. *Pain*, 138, 354-361.
- Smith, B.W., & Zautra, A.J. (2008). Vulnerability and resilience in women with arthritis: Test of a two-factor model. *Journal of Consulting and Clinical Psychology*, 76, 799-810.
- Blair, K.S., Smith, B.W., Mitchell, D.G.V., Morton, J., Vythilingam, M., Pessoa, L., Fridberg, D., Zametkin, A., Nelson, E.E., Drevets, W.C., Pine, D.S., Martin, A., & Blair, R.J.R. (2007). Modulation of emotion by cognition and cognition by emotion. *Neuroimage*, 35, 430-440.
- Smith, B.W., & Dalen, L.J. (2007). Coping with arthritis: From vulnerability to resilience. In E. Martz & H. Livneh (Eds.), *Stress reactions to and coping with chronic illness and disability: Theoretical, empirical, and clinical aspects* (pp. 153-172). New York: Springer.
- Nakic, M., Smith, B.W., Busis, S., Vythilingam, M., & Blair, R.J.R. (2006). The impact of affect and frequency on lexical decision: The role of the amygdala and inferior frontal cortex. *Neuroimage*, 31, 1752-61.
- Smith, B.W., Shelley, B.M., Leahigh, L., & Vanleit, B. (2006). A preliminary study of the effects of a modified mindfulness intervention on binge eating. *Complementary Health Practice Review*, 11, 133-143.
- Zautra, A.J., & Smith, B.W. (2005). Impact of controlled-release oxycodone on efficacy beliefs and coping efforts among osteoarthritis patients with moderate to severe pain. *The Clinical Journal of Pain*, 21, 471-477.
- Davis, M.C., Zautra, A.J. & Smith, B.W. (2004). Chronic pain, stress, and the dynamics of affect differentiation. *Journal of Personality*, 72, 1133-1160.

- Smith, B.W. & Zautra, A.J. (2004). The role of purpose in life in recovery from knee surgery. *International Journal of Behavioral Medicine, 11*, 197-202.
- Zautra, A.J., Davis, M.C., & Smith, B.W. (2004). Emotions, personality, and health: Introduction to the special issue. *Journal of Personality, 72*, 1097-1104.
- Zautra, A.J., Yocum, D.C., Villanueva, I., Smith, B.W., Davis, M.C., Attrep, J., & Irwin, M. (2004). Immune activation and depression in female rheumatoid arthritis patients. *Journal of Rheumatology, 31*, 457-63.
- Potter, P. T., Smith, B. W., Strobel, K. R., & Zautra, A. J. (2002). Interpersonal workplace stressors and well-being: A multi-wave study of employees with and without arthritis. *Journal of Applied Psychology, 87*, 789-796.
- Smith, B. W., & Zautra, A. J. (2002). The role of personality in exposure and reactivity to interpersonal stress in relation to arthritis disease activity and negative affect in women. *Health Psychology, 21*, 81-88.
- Zautra, A. J., Smith, B. W., & Yocum, D. (2002). Psychosocial influences on arthritis-related disease activity. In T. Sivik, D. Byrne, D. Lipsitt, G. Christodoulou, & H. Dienstfrey (Eds.). *Psycho-Neuro-Endocrino-Immunology (PNEI): A common language for the whole human body*. (pp.47-50). New York: Elsevier Science.
- Oliver, J. M., Reed, C. K. S., & Smith, B. W. (2001). Alcohol consumption and consequences in a sample of university undergraduates: Patterns and relations to internalized distress and religious affiliation. *North American Journal of Psychology, 3*, 41-60.
- Smith, B. W., & Zautra, A. J. (2001). Interpersonal sensitivity and reactivity to spousal conflict in healthy older women. *Personality and Individual Differences, 31*, 915-923.
- Zautra, A. J., & Smith, B. W. (2001). Depression and reactivity to stress in older women with rheumatoid arthritis and osteoarthritis. *Psychosomatic Medicine, 63*, 687-696.
- Zautra, A. J., Smith, B. W., Affleck, G., & Tennen, H. (2001). Examination of chronic pain and affect relationships from two contrasting approaches: Stress and coping and a dynamic model of affect. *Journal of Consulting and Clinical Psychology, 69*, 786-795.
- Smith, B. W. & Freedy, J. R. (2000). Psychosocial resource loss as a mediator of the effects of flood exposure on psychological distress and physical symptoms. *Journal of Traumatic Stress, 13*, 349-358.
- Smith, B. W., Pargament, K. I., Brant, C., & Oliver, J. M. (2000). Noah revisited: Religious coping and the impact of a flood. *Journal of Community Psychology, 28*, 169-186.
- Smith, B. W., & Zautra, A. J. (2000). Purpose in life and coping with knee replacement surgery. *The Occupational Therapy Journal of Research, 20*, 96-99.

- Zautra, A. J., Hamilton, N. A., Potter, P., & Smith, B. W. (1999). Field research on the relationships between stress and disease activity in rheumatoid arthritis: Key measurement and design components. *Annals of the New York Academy of Sciences*, *876*, 397-412.
- Oliver, J. M., Reed, C. K. S., & Smith, B. W. (1998). Patterns of psychological problems in university undergraduates: Factor structure of symptoms of anxiety and depression, physical symptoms, alcohol use, and eating problems. *Social Behavior and Personality: An International Journal*, *26*, 211-232.
- Pargament, K. I., Smith, B. W., Koenig, H. G., & Perez, L. (1998). Patterns of positive and negative religious coping with major life stressors. *Journal for the Scientific Study of Religion*, *37*, 710-724.
- Smith, B. W. (1996). Coping as a predictor of outcomes following the 1993 Midwest flood. *Journal of Social Behavior and Personality*, *11*, 225-239.

Books

- Smith, B.W. (2021). *Move from surviving to thriving: The positive psychology workbook for challenging times*. Seattle, WA.: Kindle Direct Publishing.
- Smith, B.W. (2018). *Positive psychology for your hero's journey: Discovering true and lasting happiness*. Seattle, WA.: Kindle Direct Publishing.

Published Abstracts

- Blair, K., Shaywitz, J., Morton, J., Smith, B.W., Rhodes, R., Geraci, M., Jones, M., McCaffrey, D., Vythilingam, M., Finger, E., et. al. (2007). The neural response to emotional expressions in generalized social phobia (GSP) and generalized anxiety disorder (GAD): Evidence for separate disorders. *Biological Psychiatry*, *61*, 183S-184S
- Smith, B.W., Nakic, M., Busis, S., Sturman, D., Greenburg, A., Pine, D.S., Blair, R.J.R. (2005). The roles of inferior frontal cortex and superior temporal cortex in the selection of verbal response options. *Clinical Neuropsychologist*, *19*, 570-571.
- Smith, B.W., Peschardt, K., Busis, S., Sturman, D., Pessoa, L., Charney, D.S., Martin, A., Pine, D.S., Ungerleider, L., & Blair, R.J. (2005). Neural bases of the reappraisal of pleasant and unpleasant pictures. *Clinical Neuropsychologist*, *19*, 541.
- Blair, R.J.R.; Smith, B.W.; Budhani, S.; Kosson, D.S. (2003). Passive avoidance learning in individuals with psychopathy and its neural substrate. *Psychophysiology*, *40*, S8-S8.

Zautra, A.J., Smith, B., Attrep, J, Villanueva, I., Yocum, D., & Irwin, M. (2002). Interpersonal stress and depressive symptoms and immune processes in women with rheumatoid arthritis. *Psychosomatic Medicine*, 64, 211.

Presentations

Smith, B.W. (2020, January). Bringing positive psychology to life online. Presented at the 5th Annual Meeting of the Western Positive Psychology Association in Claremont, CA.

Phan, A., Gonzales, C., Jordan, M., Sanchez, R., Sandoval, M., Steinberg, N., & Smith, B.W. (2019, January). The Brief Thriving Scale: Assessing the ability to learn, grow, and find benefits in stressful events. Presented at the 4th Annual Meeting of the Western Positive Psychology Association in Claremont, CA.

Steffen, L.E., Cheavens, J.S., Vowles, K.E., & Smith, BW (2018). Goal cognitions, fatigue, pain, and functional wellbeing in lung cancer patients [Abstract]. *Annals of Behavioral Medicine*, 52 (Suppl 2), S214.

Smith, B.W. (2018). Teaching positive psychology as a hero's journey to a life worth living. Oral presentation at the Annual Meeting of the Western Positive Psychology Association in Los Angeles, CA.

Smith, B.W., Ford, G., Phan, A., Stearns, A.L., & Garcia, V. (2017). Teaching positive psychology and student well-being: Do undergraduate student PERMA scores increase during a positive psychology course? Roundtable presentation at the Fifth World Congress of the International Positive Psychology Association in Montreal, Canada.

Smith, B.W., Stein, E., Guzman, A., Phan, A., Valdez, P., & Hubbell, H. (2017, July) Is being vulnerable a good thing? The relationship between taking interpersonal risks and well-being. Presentation given at the Fifth World Congress of the International Positive Psychology Association in Montreal, Canada.

Smith, B.W., Guzman, Erickson, K., Valdez, & Garcia, V. (2017, July). Resilience and thriving: What does learning and growing from stress add to just bouncing back? Presentation given at the Fifth World Congress of the International Positive Psychology Association in Montreal, Canada.

Erickson, K., Garcia, V., Phan, A., Ortiz, A., & Smith, B.W. (2016, August). Identifying Protective Factors for First Generation College Students. Presentation given at the annual meeting of the American Psychological Association in Denver, CO.

Guzman, A., Ford, G., Nelson, A., Phan, A., Moulson, L., & Smith, B.W. (2016, August). Interpersonal Vulnerability: How important is the willingness to take risks in relationships? Presentation given at the annual meeting of the American Psychological Association in Denver, CO.

- Smith, B.W., Guzman, A., Mehochko, R., Garcia, V., Miner, T., & Valdez, P. (2016, August). From surviving to thriving: Assessing the perceived ability to grow and benefit from stress. Presentation given at the annual meeting of the American Psychological Association in Denver, CO.
- Valdez, P., Stein, E., Nelson, A., Rexroat, A., Daniel, N., & Smith, B.W. (2016, August). The relationship of human character strengths with individual and community well-being. Presentation given at the annual meeting of the American Psychological Association in Denver, CO.
- Guzman, A., Stein, E., Valdez, P., Montoya, C., Nelson, A., & Smith, B.W. (2016, August). The Interpersonal Vulnerability Scale: Assessing the willingness to take risks in relationship. Presentation given at the annual meeting of the American Psychological Association in Denver, CO.
- Guzman, A., Stein, E., Valdez, P., Montoya, C., Nelson, A., & Smith, B.W. (2015, June). The Interpersonal Vulnerability Scale: Assessing the willingness to take risks in relationship. Presentation given at the Fourth World Congress of the International Positive Psychology Association in Orlando, Florida.
- Ortiz, J.A., Ford, C.G., Anderson, J., Yeap, Y., Hubbell, H., & Smith, B.W. (2015, June). Do Latinos show increases in positive characteristics following a mindfulness intervention? Presentation given at the Fourth World Congress of the International Positive Psychology Association in Orlando, Florida.
- Smith, B.W., Miner, T., Stearns, A.L., Phan, A., Yeap, Y., Hulley, S., & Hubbell, H. (2015, June). Breaking good: Teaching positive psychology as a catalyst for growth and transformation. Workshop given at the Fourth World Congress of the International Positive Psychology Association in Orlando, Florida.
- Smith, B.W., Guzman, A., McCallion, E., Phan, A., Stearns, A.L., & Fiebiger, M. (2015, June). The Unconditional Self-Kindness Scale: Assessing the ability to response to threats to the self. Presentation given at the Fourth World Congress of the International Positive psychology Association in Orlando, Florida.
- Smith, B.W., Miner, T., Astorga, D., Ferran, M., Jones, L., & Semels, S. (2015, June). The Authentic Courage Scale: Assessing the willingness to engage the world with one's true self. Presentation given at the Fourth World Congress of the International Positive Psychology Association in Orlando, Florida.
- Smith, B.W., Miner, T., Stearns, A.L., Phan, A., Yeap, Y., Hulley, S., & Hubbell, H. (2015, June). Breaking good: Teaching positive psychology as a catalyst for growth and transformation. Workshop given at the Fourth World Congress of the International Positive psychology Association in Orlando, Florida.

- Stein, E., Steffen, L., Ford, C.G., Valdez, P., Martinez, V., & Smith, B.W. (2015, June). Optimism as a buffer of the effects of daily stress on physical symptoms in adult woman. Presentation given at the Fourth World Congress of the International Positive Psychology Association in Orlando, Florida.
- Smith, B.W., Astorga, D., Stearns, A.L., & Miner, T. (2014, September). Breaking good: Bringing positive psychology to the land of enchantment. Oral presentation given at the Annual Meeting of the Western Positive Psychology Association in Los Angeles, CA.
- Smith, B.W., Guzman, A., & McCallion, E. (2014, September). Developing a measure of unconditional self-kindness. Poster presented at the Annual Meeting of the Western Positive Psychology Association in Los Angeles, CA.
- Ortiz, J.A., Vicuña, B., Smith, B.W. (2013, August). Understanding health and functioning in first-generation college students. Poster presented at the Annual Meeting of the American Psychological Association in Honolulu, Hawaii.
- Steffen, L.E., Ortiz, J.A., & Smith, B.W. (2013, April). Daily diary study of the relationship between hope pathways and agency in the context of stress and affect. Presented at the 34th Annual Meeting of the Society of Behavioral Medicine in San Francisco, CA.
- Steffen, L.E. & Smith, B.W. (2013, May). Distraction coping may exacerbate the impact of PTSD on daily pain. To be presented at the 25th Annual Meeting of the Association for Psychological Science, Washington, D.C.
- Vicuña, B.E., McCallion, E.A., Stein, E., Ortiz, J.A., Smith, B.W. (2013). The role of social support for college and religiosity in academic success for first-generation students. Poster presented at the Annual Meeting of the Association for Psychological Science in Washington, DC.
- Epstein, E.M., Ortiz, J.A., & Smith, B.W. (2012, May). Music preference, a contributing factor for the effect of music on task-related self-efficacy. Presented at the Annual Meeting of the Association of Psychological Science in May 2012 in Washington, D.C.
- Bernard, J., Steffen, L.E., Ortiz, J.A., & Smith, B.W. (2012, Nov.). Daily diary study of urban firefighters: The role of mood repair and PTSD symptoms on partner stress. Submitted to the 28th Annual Conference for the International Society for Traumatic Stress, Los Angeles, CA.
- Owens, M., Steffen, L.E., Smith, B.W. (2012, June). Daily stressors and alcohol use in fire service. To be presented at the Annual Meeting of the Research Society on Alcoholism, San Francisco, CA.
- Steffen, L.E. & Smith, B.W. (2012, May). Appraisal is associated with coping among firefighters during a disaster scenario. Poster session to be presented at the 2012 Annual Meeting of the Association for Psychological Science, Chicago, IL.

- Steffen, L.E., Ortiz, J.A., Tidler, A., Smith, B.W. (2012, April). Relationship between ways of coping and stress on daily health among firefighters during work days. Poster session presented at the 33rd annual meeting of the Society of Behavioral Medicine in New Orleans, LA.
- Lawry, A. , Steffen, L.E. , Smith, B.W. (2012, April). Daily diary findings on social resilience variables, mindfulness, and trauma distress among urban firefighters. Poster presented at the 33rd annual meeting of the Society of Behavioral Medicine in New Orleans, LA. Awarded Meritorious Student Researcher by Complementary and Alternative Medicine Special Interest Group; Citation Award.
- Steffen, L.E. Brown, M., Smith, B.W. (2012, April) Mindfulness, stress, and coping: Results from a daily diary study on firefighters. Poster session presented at the 33rd annual meeting of the Society of Behavioral Medicine in New Orleans, LA.
- Steffen, L.E., Tooley, E., Ortiz, J.A., Bernard, J.F., & Smith, B.W. (2011, March). Predictors of stress and health in urban firefighters. Poster session presented at the annual meeting of the American Psychosomatic Society in San Antonio, Texas.
- Tooley, E.M., Bernard, J., Ortiz, A., Fuerst, H., Hoy, R., & Smith, B. W. (2010, March). Coping flexibility in women with fibromyalgia and healthy controls. Poster presented at 2010 annual meeting of the American Psychosomatic Society in Portland, OR.
- Bouldin, L.B., Christopher, P.J., Tooley, E., Bernard, J., Cosper, C., & Smith, B.W. (2009, July) Spirituality, ethnicity and posttraumatic growth in cardiac rehabilitation. American Psychological Association, San Francisco, CA.
- Montoya, J.D., Vasquez, A.R., Ortiz, J.A., Morrisette, N., Wilson, A., Gardner, E., Etoll, G., & Smith, B.W. (2009, May). *Mindfulness predicts fewer PTSD and depressive symptoms in urban firefighters*. Presented at the 2009 annual meeting of the American Psychological Society in San Francisco, California.
- Teuscher, U., Kay, V. S., Beattie, K., & Smith, B. W. (2009, May). *Playing roulette with money and lives - effects of win and loss frames on preferences of risk and expected utility*. Presented at the Annual Meeting of the American Psychological Society in San Francisco, California.
- Vasquez, A.R., Montoya, J.D., Bouldin, L.E., Christopher, P.J., Bernard, J.F., Taylor, G.P., Lueker, R.D., & Smith, B.W. (2009, May). *Positive emotion predicts increases in posttraumatic growth and health behavior change during cardiac rehabilitation*. Presented at the 2009 annual meeting of the American Psychological Society in San Francisco, California.

- Bouldin, L.E., Christopher, P.J., Tooley, E.M., Bernard, J.F., Cospers, C.J., & Smith, B.W. (2009, April). *Posttraumatic growth predicts improved affective health during cardiac rehabilitation*. Presented at the 2009 annual meeting of the Rocky Mountain Psychological Association in Albuquerque, New Mexico.
- Espinosa, E., Brown, M., Cazé, R., Schellinger, E., Tooley, E.M., & Smith, B.W. (2009, April). *Traumatic events, perceived stress, and health in women with fibromyalgia and healthy controls*. Presented at the 2009 annual meeting of the Rocky Mountain Psychological Association in Albuquerque, New Mexico.
- Gardner, E., Montoya, J.D., Roberts, C., Kay, V.S., Hoyt, T.V., & Smith, B.W. (2009, April). *Predicting the anticipated response to an avian flu outbreak*. Presented at the 2009 annual meeting of the Rocky Mountain Psychological Association in Albuquerque, New Mexico.
- Wiggins, K.T., Merrill, A., Olson, N., Onuska, P.R., Cospers, C., & Smith, B.W. (2009, April). *Mediators of the effects of mindfulness on depression*. Presented at the 2009 annual meeting of the Rocky Mountain Psychological Association in Albuquerque, New Mexico.
- Bouldin, L., Christopher, P. J., Houck, J.M., & Smith, B.W. (2009, March). *Tripartite scoring of the Hospital Anxiety and Depression Scale improves prediction of cardiac rehabilitation outcomes*. Presented at the annual meeting of the Anxiety Disorders Association of America Conference, Albuquerque, New Mexico.
- Ortiz, J.A., Wiggins, K.T., Vasquez, A.R., Barry, K.W., Warren, A., & Smith, B.W. (2009, March). *Mediators of the effects of mindfulness on anxiety*. Presented at the 2009 annual meeting of the Anxiety Disorders Association of America in Albuquerque, New Mexico.
- Christopher, P.J., Dougher, M.J., Bouldin, L., & Smith, B.W. (2008, May). *Towards more precise prediction and control of health behavior: A functional analysis of emotion in cardiac rehabilitation*. Presented at the annual meeting of the Association for Behavior Analysis International in Chicago, Illinois.
- Tooley, E., Montague, Robinson, Cospers, C., Godwin, M., & Smith, B.W. (2008, May). *Stress and coping in women with fibromyalgia and healthy controls*. Presented at the 11th International Conference for Social Stress Research in Santa Fe, New Mexico.
- Wiggins, K., Smith, B.W., Shelley, B.M., Dalen, J., Tooley, E., & Bernard, J. (2008, May). *A pilot study comparing the effects of mindfulness-based stress reduction and cognitive-behavioral stress reduction*. Presented at the 11th International Conference for Social Stress Research in Santa Fe, New Mexico.

- Bernard, J., Wiggins, K., Tooley, E., Dalen, J., Smith, B.W., & Shelley, B.M. (2008, March). *A comparison of the effects of mindfulness-based stress reduction and cognitive-behavioral stress reduction*. Presented at the annual meeting of the American Psychosomatic Society in Denver, Colorado.
- Bernard, J.F., Tooley, E., Christopher, P., & Smith, B.W. (2008, March). *Perceived stress mediates the effects of alexithymia on physical symptoms in an ethnically diverse sample*. Presented at the annual meeting of the American Psychosomatic Society in Baltimore, Maryland.
- Smith, B.W., Robinson, A., Tooley, E., Montague, M., Cospers, C., & Bernard, J. (2008, March). *Differences in heat and cold pain thresholds between fibromyalgia patients and healthy controls*. Presented at the annual meeting of the American Psychosomatic Society in Baltimore, Maryland.
- Tooley, E., Hoyt, T., Smith, B. W., Yeater, E. A., Hunter, M., & Bernard, M. (2008, February) *Decision making in first-responders: Emotional influence on perceived success depends on situational factors*. Presented at the annual meeting of the Society for Personality and Social Psychology in Albuquerque, New Mexico.
- Tooley, E., Wiggins, K., Christopher, P., Bernard, J., & Smith, B.W. (2007, November). *The role of coping and social support in predicting psychosocial risk factors for cardiovascular disease*. Presented at the annual meeting of the Academy of Psychosomatic Medicine in Amelia Island, Florida.
- Bernard, J., Wiggins, K., Dalen, J., Howard, K., Cospers, C., Feldvebel, M., Sommers, L., Smith, D., Kay, V., & Smith, B.W. (2007, April). *Positive personal characteristics predicting health controlling for the Big Five and demographics*. Presented at the annual meeting of the Rocky Mountain Psychological Association in Denver, Colorado.
- Christopher, P., Bouldin, L., Bolanos, G., Monthan, G., Bissonette, M., Seik, A., Taylor, G., Lueker, R.D., & Smith, B.W. (2007, April). *Effects of cardiac rehabilitation on health behaviors and psychosocial risk factors*. Presented at the annual meeting of the Rocky Mountain Psychological Association in Denver, Colorado.
- Tooley, E., Christopher, P., Archuleta, E., Bryan, P., Gutierrez, S., Newell, R., Robinson, A., Seik, A., Taylor, G., Lueker, R.D., & Smith, B.W. (2007, April). *Resilience as a predictor of anxiety, depression and stress in cardiac rehabilitation*. Presented at the annual meeting of the Rocky Mountain Psychological Association in Denver, Colorado.
- Wiggins, K., Dalen, J., Bernard, J., Tooley, E., Archuleta, E., Chahroudi, L., Gonzales, S., Mathes, L.M., Hunter, M., Shelley, B.M., & Smith, B.W. (2007, April). *Predictors of improved health in a mindfulness meditation intervention*. Presented at the annual meeting of the Rocky Mountain Psychological Association in Denver, Colorado.

- Bernard, J.F., & Smith, B.W. (2006, August). *Religious coping in ethnically diverse students: A southwestern sample*. Presented at the annual meeting of the American Psychological Association in New Orleans, Louisiana.
- Shelley, B., Smith, B., Leahigh, L., Vanleit, B., & Young, J. (2006, May). *Predictors of success in reducing overeating during an 8-week MBSR program*. Presented at the 4th Annual International Scientific Conference of the Center for Mindfulness in Medicine, Health Care, and Society in Worcester, Massachusetts.
- Bernard, J.F., Smith, B.W., Flanagan, C., & Baumgartner, K.B. (2006, March). *Posttraumatic growth in Hispanic and Caucasian women with cervical cancer*. Presented at the annual meeting of the American Psychosomatic Society in Denver, Colorado.
- Dalen, J., Smith, B.W., & Wiggins, K. (2006, March). *The role of individual differences in the willingness to use complementary and alternative medicine (CAM)*. Presented at the annual meeting of the Society for Behavioral Medicine in San Francisco, California.
- Shelley, B., Leahigh, L., Young, J., Smith, B., & Vanleit, B. (2006, March). *Positive health effects of a low-cost mindfulness-based stress reduction program in New Mexico*. Presented at the North American Research Conference on Complementary and Integrative Medicine in Edmonton, Alberta, Canada.
- Smith, B.W., & Dalen, J. (2006, March). *Two-Factor model of the effects of optimism and pessimism on quality of life in cervical cancer patients*. Presented at the annual meeting of the Society for Behavioral Medicine in San Francisco, California.
- Smith, B.W., Shelley, B.M., Vanleit, B., **Christopher, P.J.**, Tooley, E. (2005, November). Mindfulness intervention reduces physical symptoms and improves psychological well-being in a Southwestern sample. Presented at the American Psychosomatic Association Conference, Denver, CO.
- Smith, B.W., Nakic, M., Busis, Greenberg, A., Charney, D.S., Martin, A., Pine, D.S., Ungerleider, L., & Blair, R.J.R. (2005, August). *Left inferior frontal gyrus active in response to selection demands in a sentence completion task*. Presented at the annual meeting of the American Psychological Association in Washington, D.C.
- Smith, B.W., Peschart, K., Busis, S., Sturman, D., Pessoa, L., Charney, D.S., Martin, A., Pine, D.S., Ungerleider, L., & Blair, R.J.R. (2005, August). *Neural bases of reappraisal of pleasant and unpleasant pictures*. Presented at the annual meeting of the American Psychological Association in Washington, D.C.
- Peschardt, K.S., Smith, B.W., Morton, J., Mitchell, D.G.V., Vythilingam, M., Pessoa, L., Busis, S., Fridberg, D., Zametkin, A., Sturman, D., Nelson, E.E., Charney, D.S., Pine, D.S., Ungerleider, L.G., Martin, A., & Blair, R.J.R. (2004, October). *Modulation of emotion by cognition and cognition by emotion: A MRI investigation*. Presented at the annual meeting of the Society for Neuroscience in San Diego, California.

- Smith, B. W., & Zautra, A. J. (2004, October). *Vulnerability and resilience as predictors of pain and affect in women with arthritis*. Presented at the annual meeting of the American College of Rheumatologists in San Antonio, Texas.
- Alim, T.N., Graves, E., Robertson, J., Aigobun, N., Hamilton, J., Williams, B., Brisbane, E., Smith, B., Lawson, W.B., & Charney, D.S. (2004, April). *Psychopathology in African Americans exposed to trauma*. Presented at the annual meeting of the Society for Biological Psychiatry in New York, New York.
- Nakic, M., Smith, B.W., Busis, S., & Blair, J. (April, 2004). *The neural response to emotional words as a function of their frequency: An event related fMRI design*. Presented at the annual meeting of the Cognitive Neuroscience Society in San Francisco, California.
- Smith, B. W., & Zautra, A. J. (2003, May). *Anxiety and depression as predictors of pain in women with arthritis*. Presented at the annual meeting of the American Psychiatric Association in San Francisco, California.
- Smith, B. W., Cohen, S., Berkman, L., & Seeman, T. (2003, March). *Social roles, social activities, and peak expiratory flow rate in the elderly: MacArthur Studies of Successful Aging*. Presented at the annual meeting of the American Psychosomatic Society in Phoenix, Arizona.
- Potter, P. T., & Smith, B. W. (2001, April). *A longitudinal study of the effects of interpersonal workplace stressors on employees with arthritis*. Presented at the 16th Annual Conference of the Society for Industrial and Organizational Psychology in San Diego, California.
- Zautra, A. J., Smith, B. W., & Reder, R. (2001, April). *Effectiveness of Controlled-Release OxyContin® on cognitive-behavioral dimensions of quality of life in osteoarthritis patients with uncontrolled pain*. Presented at the 20th Annual Scientific Meeting of the American Pain Society in Phoenix, Arizona.
- Smith, B. W. (1999, August). *Finding religious meaning and recovery from a natural disaster*. Presented at the annual meeting of the American Psychological Association in Boston, Massachusetts.
- Smith, B. W., & Zautra, A. J. (1999, August). *The effects of depression on the experience of arthritis pain*. Presented at the annual meeting of the American Psychological Association in Boston, Massachusetts.
- Zautra, A. J., Potter, P., Hamilton, N.A., Smith, B. W., and Bill, A. (1999, March). *Spousal support and recovery from knee surgery*. Presented at the annual meeting of the Society for Behavioral Medicine in San Diego, California.

- Smith, B. W., & Zautra, A. J. (1999, January). *Purpose in life and coping with arthritis: Recovery from total knee replacement surgery*. Presented at "A Synthesis of Knowledge Regarding the Concept of Habit" in Pacific Groves, California.
- Zautra, A. J., Yocum, D., Castro, L., Smith, B. W. (1999, January). *Preservation of quality of life in the presence of pain: Coping with recurrent disruptions in lifestyle routine*. Presented at "A Synthesis of Knowledge Regarding the Concept of Habit" in Pacific Groves, California
- Huser, L., & Smith, B. W. (1998, August). *Faith maturity and psychology well-being in undergraduate students*. Presented at the annual meeting of the American Psychological Association in San Francisco, California.
- Smith, B. W., Huser, L., & Freedy, J. R. (1998, August). *Resource loss and physical symptoms in the aftermath of a flood*. Presented at the annual meeting of the American Psychological Association in San Francisco, California.
- Smith, B. W., & Zautra, A. J. (1998, August). *Interpersonal sensitivity and criticism by a significant-other in arthritis patients*. Presented at the annual meeting of the American Psychological Association in San Francisco, California.
- Smith, B. W. (1997, August). *Enhancing cultural sensitivity in working with religious clients*. Presented at the annual meeting of the American Psychology Association in Chicago, Illinois.
- Smith, B. W., Pargament, K. I., & Brant, C. (1997, August). *Noah revisited: Religious coping with the Midwest flood*. Presented at the annual meeting of the American Psychological Association in Chicago, Illinois.
- Pargament, K. I., Smith, B. W., & Koenig, H. (1996, August). *Religious coping with the Oklahoma City bombing*. Presented at the annual meeting of the American Psychological Association in Toronto, Ontario, Canada.
- Smith, B. W. (1996, August). *Community helpers and posttraumatic stress following the Oklahoma City bombing*. Presented at the annual meeting of the American Psychological Association in Toronto, Ontario, Canada.
- Smith, B. W. (1996, May). *Can mutual help group involvement predict change in attachment styles?* Presented at the annual meeting of the Midwestern Psychological Association in Chicago, Illinois.
- Brant, C., Smith, B. W., & Pargament, K. I. (1995, November). *Religious coping with the 1993 Midwest flood*. Presented at the annual meeting of the Society for the Scientific Study of Religion, St. Louis, Missouri.

- Smith, B. W. (1995, August). *Coping as a predictor of outcomes following the Midwest flood*. Presented at the annual meeting of the American Psychological Association, New York, New York.
- Smith, B. W. (1995, May). *Simulated juror responses to a repressed memory case*. Presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.
- Smith, B. W., & Freedy, J. R. (1995, May). *Resource loss as a predictor of the impact of the Midwest flood*. Presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.